

A Guide to Psychological Debriefing: Managing Emotional Decompression and Post-Traumatic Stress Disorder

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This item: A Guide to Psychological Debriefing: Managing Emotional Decompression and Post-Traumatic Stress Disorder Set up a giveaway There's a problem loading this menu right bodybynykki.com: 2. May 14, · The book nevertheless is accessible and brief (pages, excluding the foreword, index etc). There are six chapters; (1) An Introduction to Post Traumatic Stress Disorder, (2) Introduction to Psychological Debriefing, (3) Emotional Decompression, (4) Defusing, (5) Recovery from Post Traumatic Stress Disorder, and (6) Training for Debriefers. Psychological debriefing (PD) is a widely practised process used as an intervention for treating people who have been exposed to trauma. It allows people who have been exposed to trauma to re-examine the traumatic event in a safe and controlled environment, and reduces the risks of developing bodybynykki.com book is a practical introduction to PTSD and psychological debriefing, and offers an enhanced model .

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